

Complimentary Maslina In-house Experiences

Kids' activities ★	Experience	Time		Place	Meeting Point
Monday	YOGA	09:00-10:00	1	Wellness	Wellness
	OUTDOOR RUNNING	07:30-08:10		Outdoors	Wellness
Tuesday	YOGA	09:00-10:00		Wellness	Wellness
	FITNESS TRAINING	11:00-11:30		Wellness	Wellness
	SIP & SOCIALIZE	18:00-19:00		The Bar	The Bar
	WITH MASLINA				
Wednesday	ACTIVE BODY FLOW	09:00-10:00		Wellness	Wellness
	WINE TASTING	17:30-18:15		The Restaurant	The Restaurant
	SOUND HEALING	19:00-19:40		Wellness/Beach	Wellness
Thursday	OUTDOOR RUNNING	07:30-08:10	1	Outdoors	Wellness
	YOGA	09:00-10:00		Wellness	Wellness
	FITNESS TRAINING	11:00-11:30		Wellness	Wellness
Friday	YOGA	09:00-10:00	I	Wellness	Wellness
	ORGANIC GARDEN TOUR	10:30-11:30		Organic Garden	The Guest Experience Stone
(ages 4+) ★	SCIENCE KIDS	14:00-15:00		Kids' Playroom	Kids' Playroom
	SOUND HEALING	19:00-19:40		Wellness/Beach	Wellness
	KIDS' MOVIE NIGHT	19:00-21:00		Kids' Playroom	Kids' Playroom
Saturday	YOGA	09:00-10:00		Wellness	Wellness
(ages 4+) ★	ECO ARTS & CRAFTS	14:00-15:00		Kids' Playroom	Kids' Playroom
	OLIVE OIL TASTING	17:30-18:15		The Restaurant	The Restaurant
	DJ KLOX AT A•BAY	18.00-21:00		A·Bay Beach Bar	A·Bay Beach Bar
Sunday	OUTDOOR RUNNING	07:30-08:10	I	Outdoors	Wellness
	YOGA	09:00-10:00		Wellness	Wellness
	FITNESS TRAINING	11:00-11:30		Wellness	Wellness
(ages 7+) ★	TREASURE HUNT	14:00-15:30		Kids' Playroom	Kids' Playroom
(ages 4+) ★	KIDS' MOVIE NIGHT	19:00-21:00		Kids' Playroom	Kids' Playroom

^{*} Kindly book in advance at the Guest Experience Stone or The Welcome Lounge

^{**} Kindly visit the Guest Experience Stone for all complimentary activities and our weekly schedule